

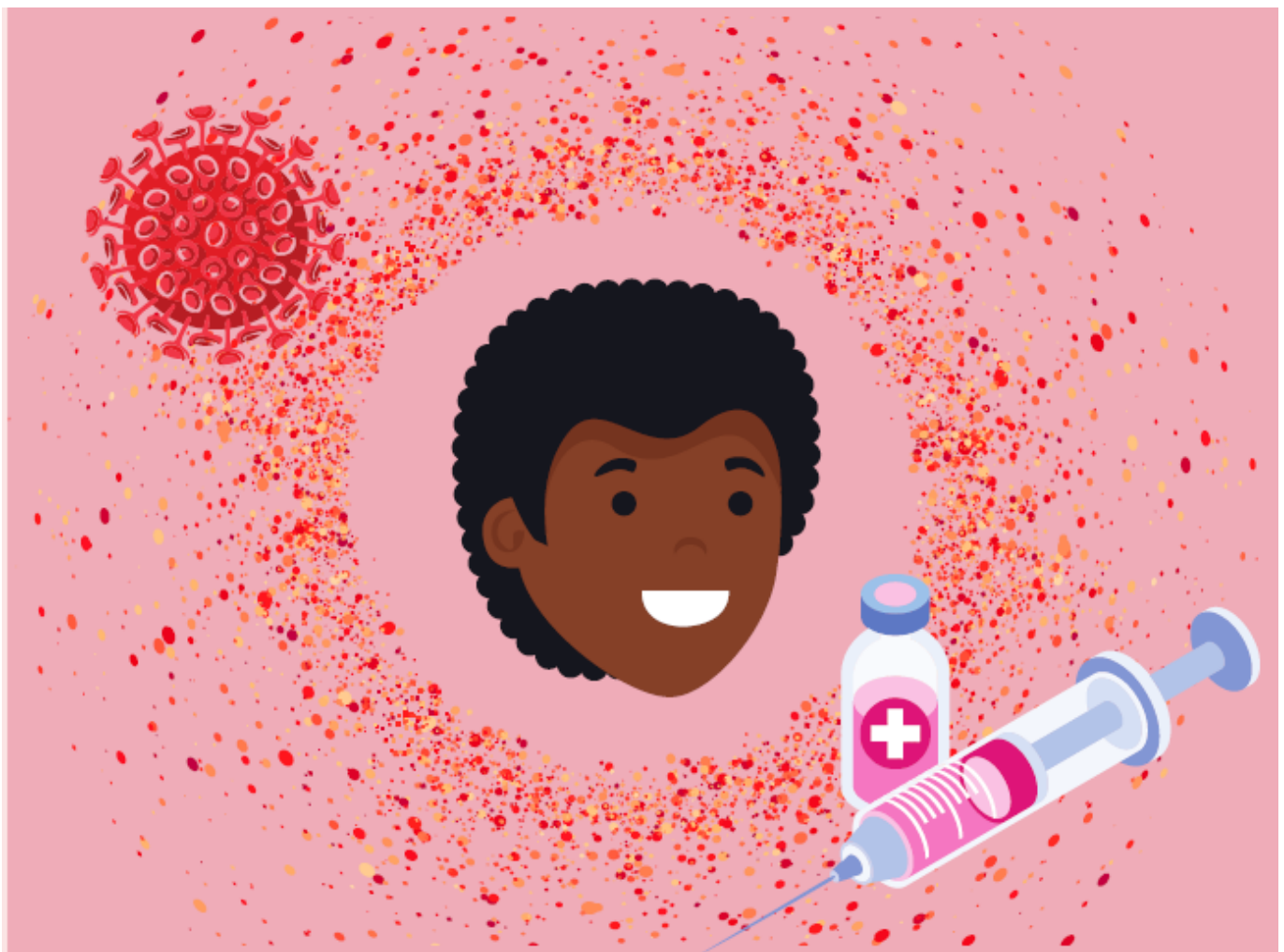
Getting a COVID-19 Vaccine



I want to protect myself and other people around me from getting sick from COVID-19.



I will get a COVID-19 vaccine so I don't get very sick from COVID-19.



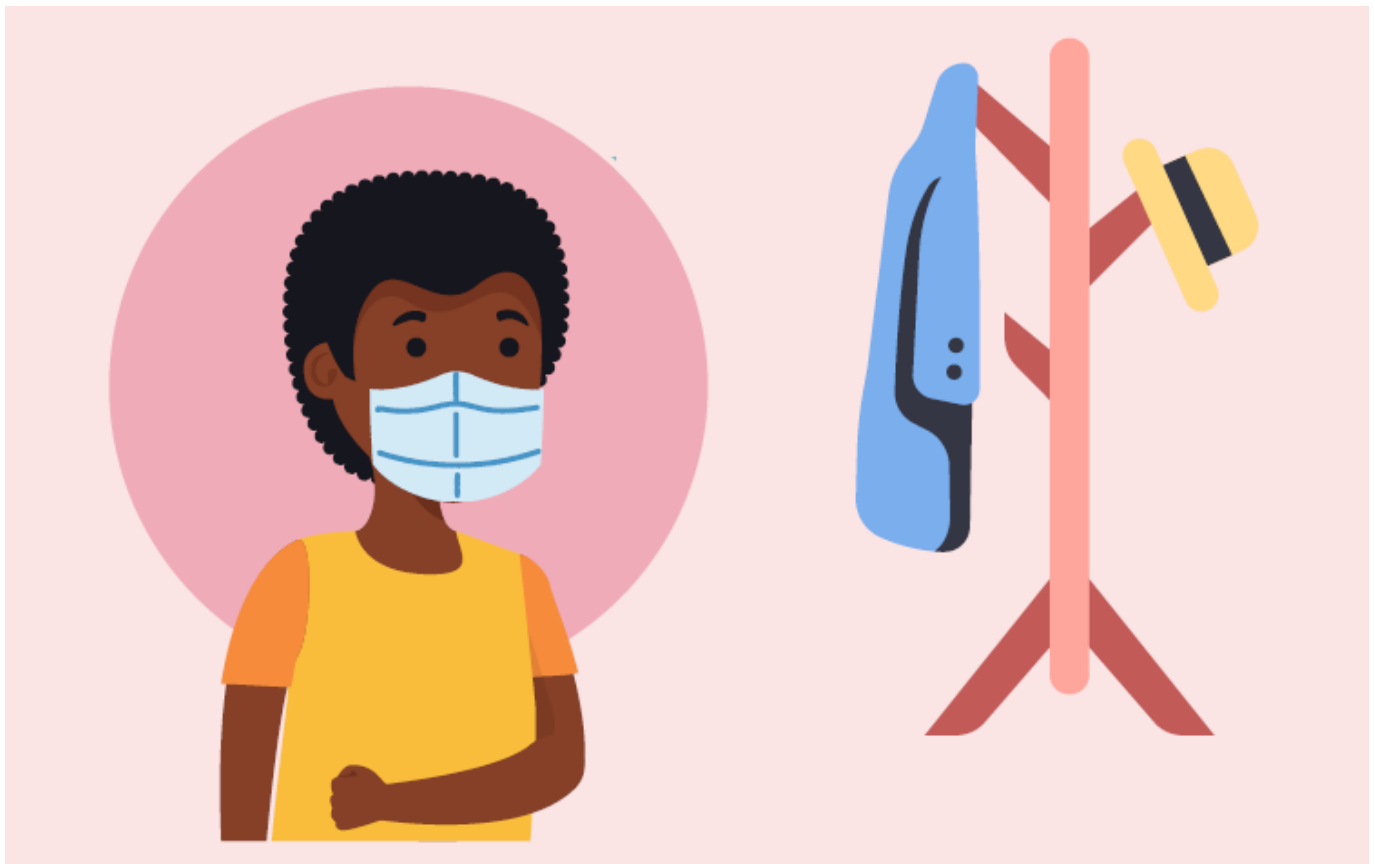
I can go to a COVID-19 vaccine clinic!



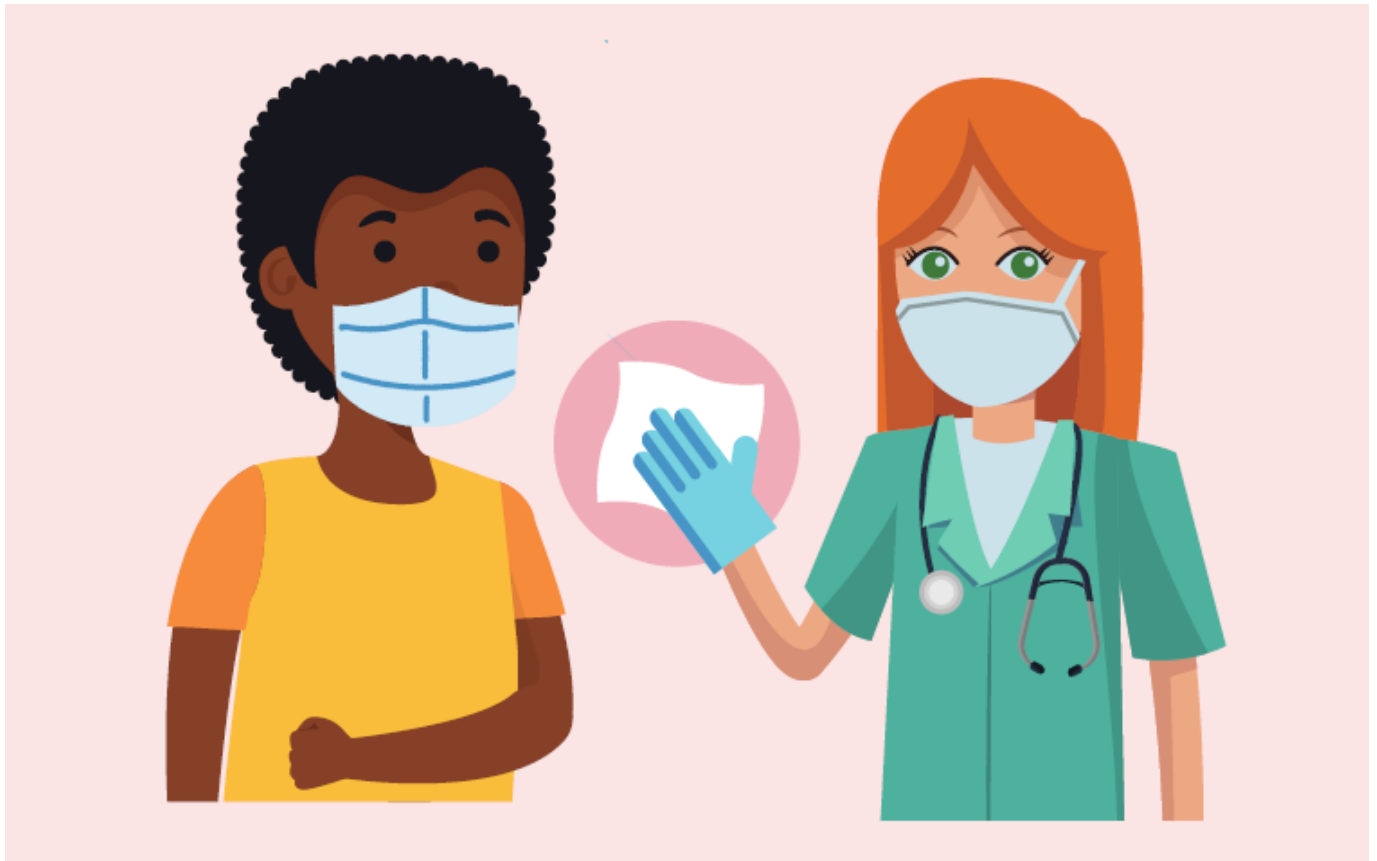
I will have to sit down
and be calm.



I will take off my jacket and roll up my sleeve when it is my turn.



First, the doctor or nurse
will clean my skin.



I can look away, close my eyes
or hold someone's hand if I
am feeling scared or nervous.



Other things I can do if I am feeling scared:

1. Take deep breaths
2. Count to 10
3. Sing a song



I may feel a little pinch when
the needle goes into my arm.



The doctor or nurse will put a
Band-Aid or cotton ball on
my arm when it is all done!



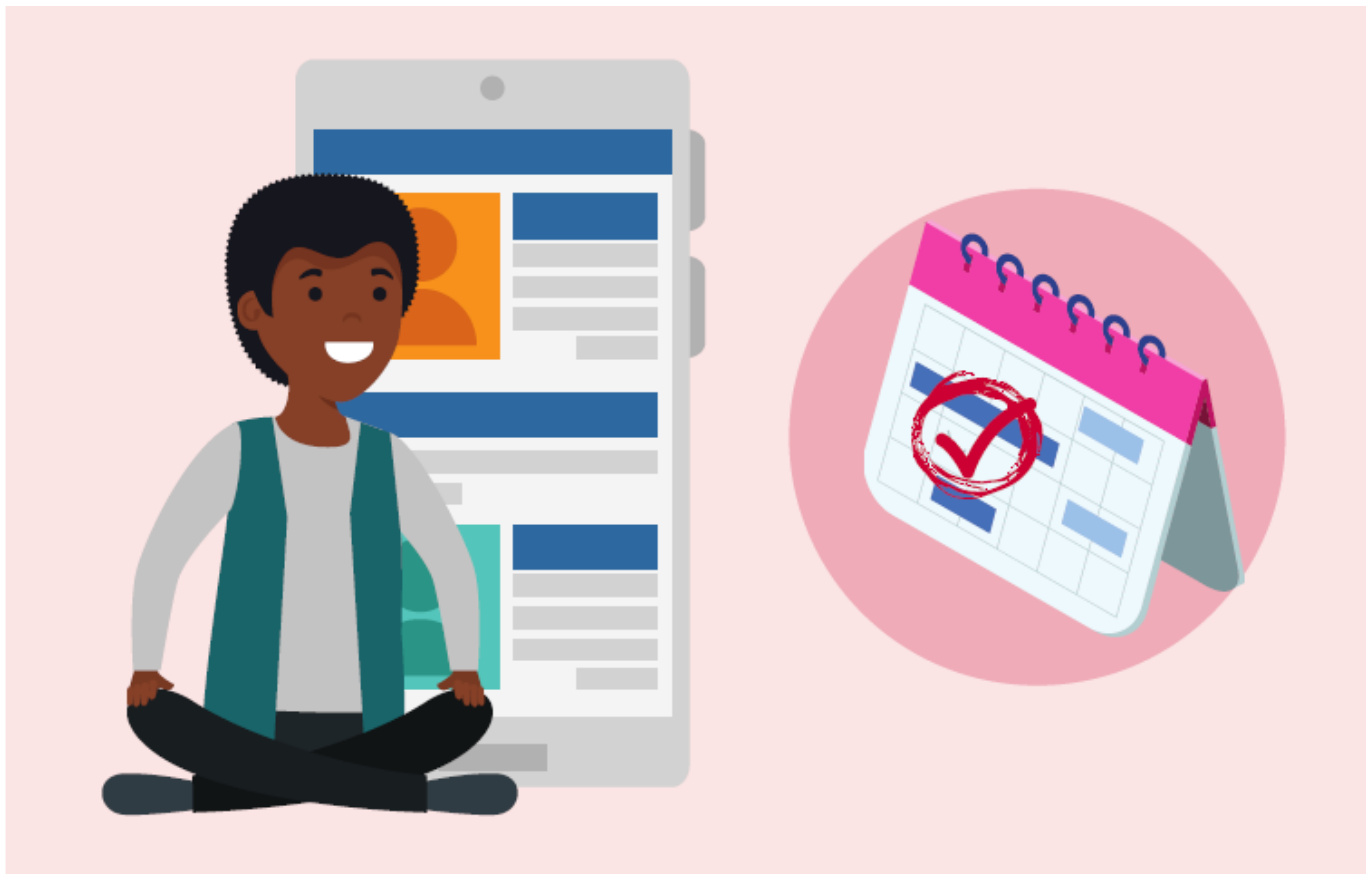
After my vaccine, my arm may feel a little bit sore or my head may hurt but I will feel better soon!



I will still need to wear a
mask, wash my hands and
keep my distance.



I will have to get another vaccine
in a few weeks but I can do it!



I got my vaccine to keep myself
and everyone around me safe!



Source

Grandview Kids (Children's Treatment Centre) story book for special needs.

Reference

Rutgers: Robert Wood Johnson Medical School (2021, January). *Getting a Covid-19 vaccine: A social story for people with intellectual and developmental disabilities*. The Boggs Center on Development on Developmental Disabilities
<https://rwjms.rutgers.edu/boggscenter/publications/documents/GettingACovid19VaccineSocialStoryIDD-F.pdf>